

# Stomp & Twist

Count: 32

Wall: 2

Level: Beginner

Choreographer: Esmeralda van de Pol (NL) - May 2026

Music: Glass of Wine - DJTEXX



Intro: 64 counts

## STOMP & TWIST R, STOMP & TWIST L

- 1-2 Stomp RF fwd, Swivel R heel out
- 3-4 Swivel R heel in, Push weight on RF
- 5-6 Stomp LF fwd, Swivel L heel out
- 7-8 Swivel L heel in, Push weight on LF

## STEP BACK TOUCH, STEP BACK TOUCH, STEP BACK TOUCH, STEP BACK TOUCH

- 1-2 Step back on RF, Touch LF next to RF
- 3-4 Step Back on LF, Touch RF next to LF
- 5-6 Step back on RF, Touch LF next to RF
- 7-8 Step Back on LF, Touch RF next to LF\*\* restart wall 7&12 (see below)

## WEAVE R, WEAVE R

- 1-2 Step RF to R side, Step LF behind RF
- 3-4 Step RF to R side Cross LF over RF
- 5-6 Step RF to R side, Step LF behind RF
- 7-8 Step RF to R side Cross LF over RF

## BOX STEP FWD, HOLD, STEP FWD, ½ TURN R, STEP FWD, HOLD

- 1-2 Step RF to R side, Step LF next to RF
- 3-4 Step RF fwd, Hold
- 5-6 Step LF fwd, ½ turn R-weight on RF 06.00
- 7-8 Step LF fwd, Hold

Restart : Wall 7 & 12 after 16 counts

Tag : Wall 7 after 16 counts

Sway hips R, L, R, L and start again